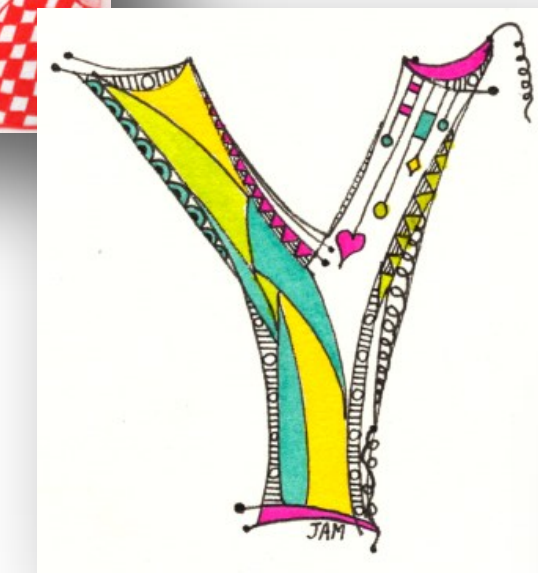
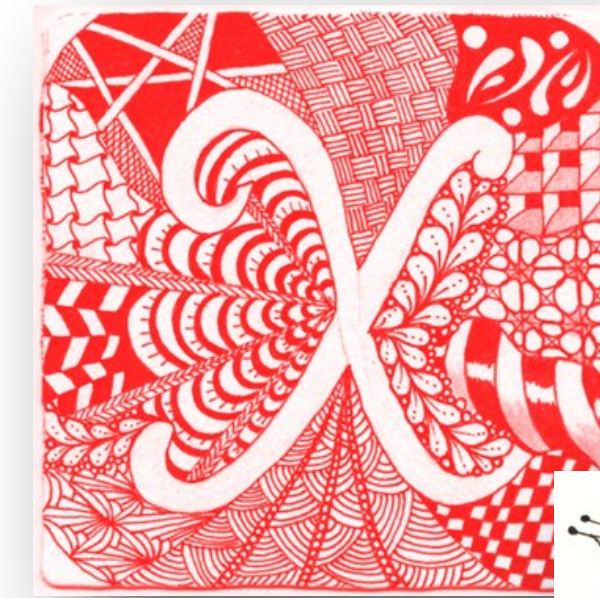


October, November, December, 2026

A Prayer Guide for the Fourth Quarter of the Year



We have provided prayers for some of the weeks and hope you will write your own prayers for other weeks. Carefully think about the week's verse as it applies to your life then write your own prayer as the Holy Spirit directs your thoughts. You may want to add to your prayer throughout the week as you continue to meditate on the verse, creating your own prayer journal. We hope this way of praying Scripture helps you grow in your relationship to God and in loving His word.

Week of: October 4, 2026 -

Theme: In Christ You Are...

N - New Creation: A deep spiritual change that happens inside a person when they put their faith in Jesus Christ.

Suggested Bible Verses: Galatians 6:15, Galatians 2:20

Ephesians 2:10: *For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.*

Lord, thank You for designing me with care and shaping me as Your masterpiece. Help me to remember my value comes from You. Open my eyes to the good works You have already prepared for me to do today, and give me the strength to walk faithfully in them. Amen.



Week of: October 11, 2026 -

Theme: In Christ You Are...

O - Overcomer: A follower of Jesus Christ who stays faithful through hard times and wins the spiritual battle against sin, Satan, and the world.

Suggested Bible Verses: 1 John 4:4, 1 John 5:4-5, Revelation 2 and 3

John 16:33: *I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.*

Where do you usually turn first when you experience trouble or stress? How can you practice turning to Jesus for peace instead?



**Week of: October 18, 2026 -
Theme: In Christ You Are...**

P - Purified: Clean, free from defilement, and acceptable to God through physical, ritual, or spiritual cleaning.

Suggested Bible Verses: Hebrews 10:22, 1 John 1:9, 1 Peter 1:22, Malachi 3:3, James 4:8.

Psalm 51:10: *Create in me a pure heart, O God, and renew a steadfast spirit within me.*

Dear Lord, I come to You recognizing my need for Your grace. Wash away my faults, quiet my wandering thoughts, and cleanse me from the inside out. When I feel weak or discouraged, refresh my spirit and help me to walk in Your ways with joy and obedience. In Jesus' name, Amen.



**Week of: October 25, 2026 -
Theme: In Christ You Are...**

Q - Qualified: Fit, competent, and spiritually ready through God's grace to fulfill a specific task or receive a blessing, (God does not call the qualified, He qualifies the called.)

Suggested Bible Verses: Colossians 1:11-12, 1 Corinthians 1:27

2 Corinthians 3:5-6: *Not that we are competent in ourselves to claim anything for ourselves, but our competence comes from God. He has made us competent as ministers of a new covenant - not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.*

How can I shift my focus today from just "surviving the checklist" to letting the Holy Spirit guide my heart and actions?



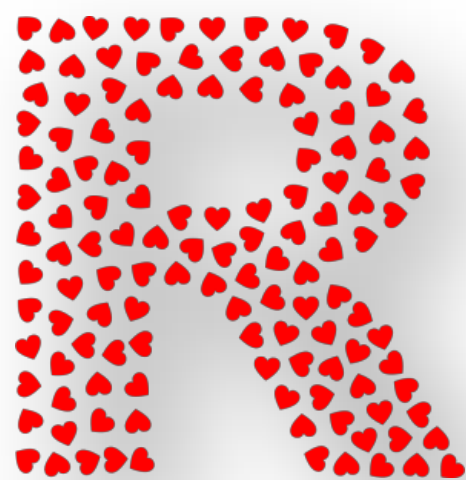
**Week of: November 1, 2026 -
Theme: In Christ You Are...**

R - Redeemed: Being brought back, rescued from sin, and forgiven through the grace of God.

Suggested Bible Verses: Ephesians 1:7, 1 Peter 1:18-19, Psalm 107:2

Isaiah 43: 1: *But now, this is what the LORD says - he who created you, Jacob, he who formed you, Israel: “Do not fear, for I have redeemed you; I have summoned you by name; you are mine.*

Heavenly Father, thank You for creating me, calling me by name, and claiming me as Your own. Amen.



**Week of: November 8, 2026 -
Theme: In Christ You Are...**

S - Sealed: Believers, marked by God with the Holy Spirit at the moment of salvation to show His ownership, provide security and guarantee eternal life.

Suggested Bible Verses: Ephesians 4:30, Ephesians 1:13-14, Revelation 7:3.

2 Corinthians 1:22: *Set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come.*

Knowing that God has sealed me and claimed me as His own possession, what insecurities or fears about my worth can I surrender to Him today?



**Week of: November 15, 2026 -
Theme: In Christ You Are...**

T - Transformed: A deep inner spiritual change from a worldly life to one that reflects God and honors Jesus.

Suggested Bible Verses: 2 Corinthians 3:18,
2 Corinthians 5:17, Ezekiel 36:26, Ephesians 4:22-24

Romans 12:2: *Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.*

Heavenly Father, help me not to conform to the ways of this world. Instead, transform me by renewing my mind. Give me the wisdom to discern Your good, pleasing, and perfect will each day. Guide my thoughts and actions so they honor You. Amen.



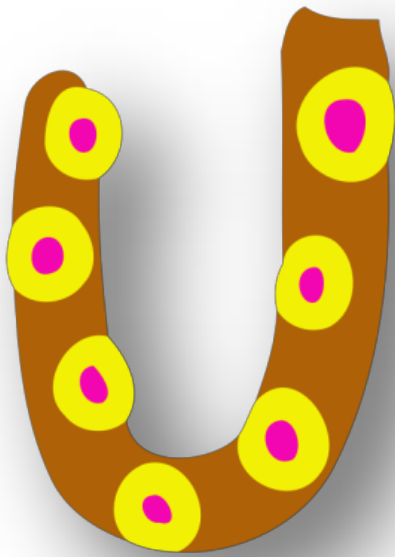
**Week of: November 22, 2026 -
Theme: In Christ You Are...**

U - United with Christ: A believer’s close, spiritual connection with Jesus where His life, death, and resurrection become their own.

Suggested Bible Verses: Philippians 2:1, Ephesians 4:4-6, John 17:23, 1 Corinthians 1:10, Colossians 3:14

Galatians 3:28: *There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.*

How can I actively break down social, cultural, or economic barriers in my interactions this week to reflect that we are all equal in God's eyes?



**Week of: November 29, 2026 -
Theme: In Christ You Are...**

V - Victorious: Overcoming sin, death and worldly struggles through faith in God rather than by human strength.

Suggested Bible Verses: 1 John 5:4, Romans 8:37, Deuteronomy 20:4

1 Corinthians 15:57: *But thanks be to God! He gives us the victory through our Lord Jesus Christ.*

Lord, my heart overflows with praise and thanks to you today. When trials and fears come, help me remember that the victory is already won through Jesus. Fill me with your peace and guide my steps to walk in that triumph. Amen.



**Week of: December 6, 2026 -
Theme: In Christ You Are...**

W - Welcomed: Received with favor, hospitality and an open heart, reflecting God’s own unconditional grace toward humanity.

Suggested Bible Verses: Ephesians 3:12, Romans 15:7, Leviticus 19:34, Hebrews 13:2.

Matthew 25:35: *For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in,*

What is one practical, tangible action I can take this week to provide for someone in need—whether through sharing a meal, giving resources, or offering hospitality?



**Week of: December 13, 2026 -
Theme: In Christ You Are...**

X - eXquisitely made: The profound care,
protection and awe inspiring detail with which
God designs human life and sacred creations.

Psalm 139:13-14: *For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.*

Ephesians 2:10: *For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.*

Dear Lord, Thank You for fearfully
and wonderfully creating each of us.
Thank You for giving us worth in
Your eyes. Help us live as the one
You uniquely intended us to be. In Jesus' Name,
Amen.



**Week of: December 20, 2026 -
Theme: In Christ You Are...**

Y - Yoked with Christ: Partnering with Jesus, sub-
mitting to his guidance and walking side by side with
him to share life's burdens.

Suggested Bible Verses: 2 Corinthians 6:14, Galatians 5:1

Matthew 11:28-30: *Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.*

**What is the heaviest 'load' you are
carrying today (anxiety, guilt, a tough
situation), and what does it look like
to practically hand it over to Jesus?**



Week of: December 27, 2026 -

Theme: In Christ You Are...

Z - one whom God is Zealous for: You are an individual cherished, fiercely protected and passionately pursued by God through His profound love and mercy.

Suggested Bible Verse: Isaiah 9:7

Ephesians 2:4-5: *But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.*

Heavenly Father, thank You for Your abundant mercy and great love. Even when I was lost and far from You, You made me alive together with Christ.

Thank You for saving me by Your grace. Help me to live today in the light of Your amazing love and give You all the praise. In Jesus' name, Amen.



Rockford United Methodist Church

Created Just For You - by Your RockfordUMC Prayer Team