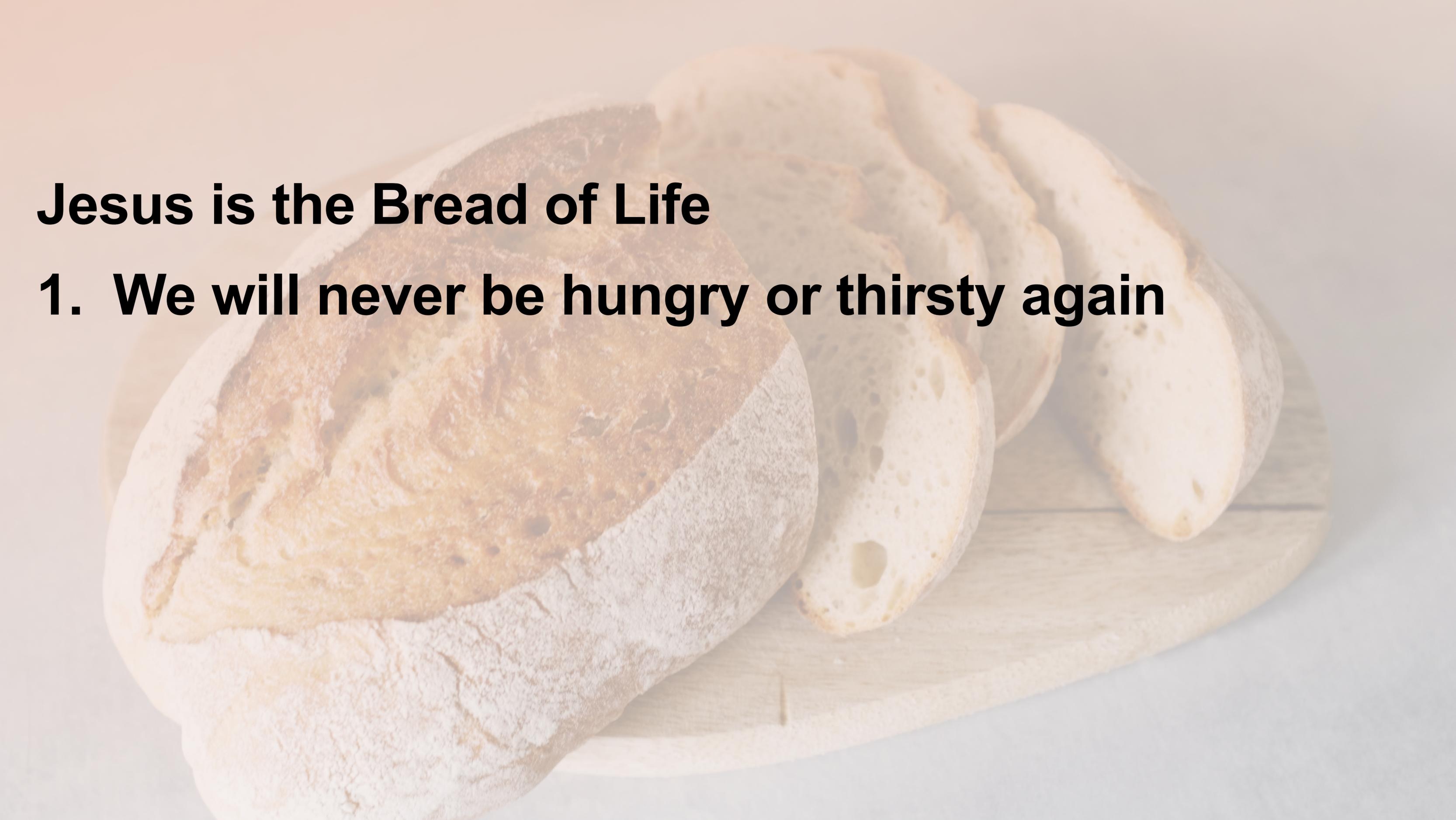


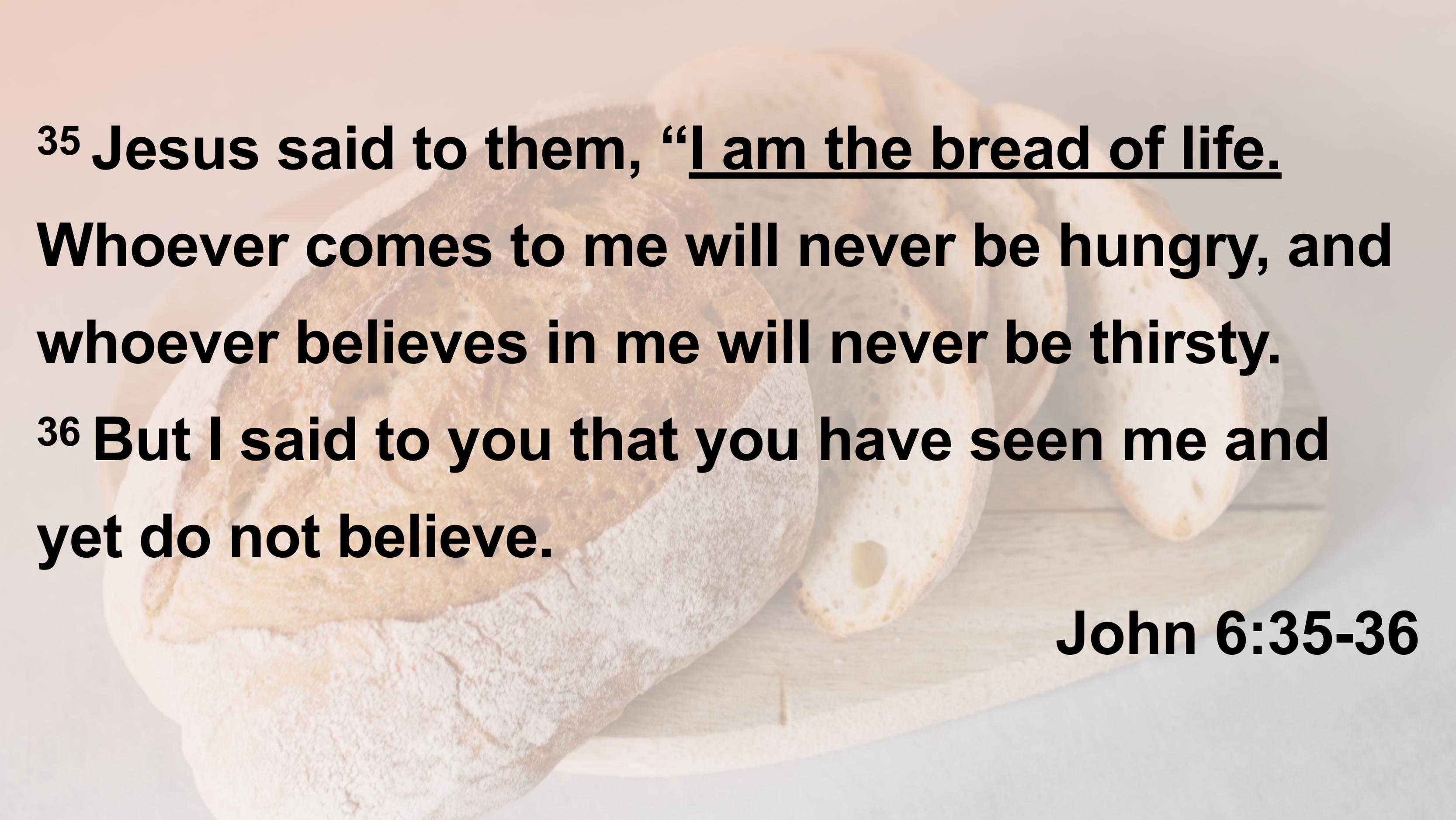


**I AM
THE BREAD OF LIFE**

A photograph of a loaf of bread and several slices on a wooden cutting board. The loaf is on the left, and several slices are stacked to its right. The bread has a golden-brown crust and a soft, porous interior. The cutting board is light-colored wood. The background is a plain, light-colored surface.

Jesus is the Bread of Life

1. We will never be hungry or thirsty again

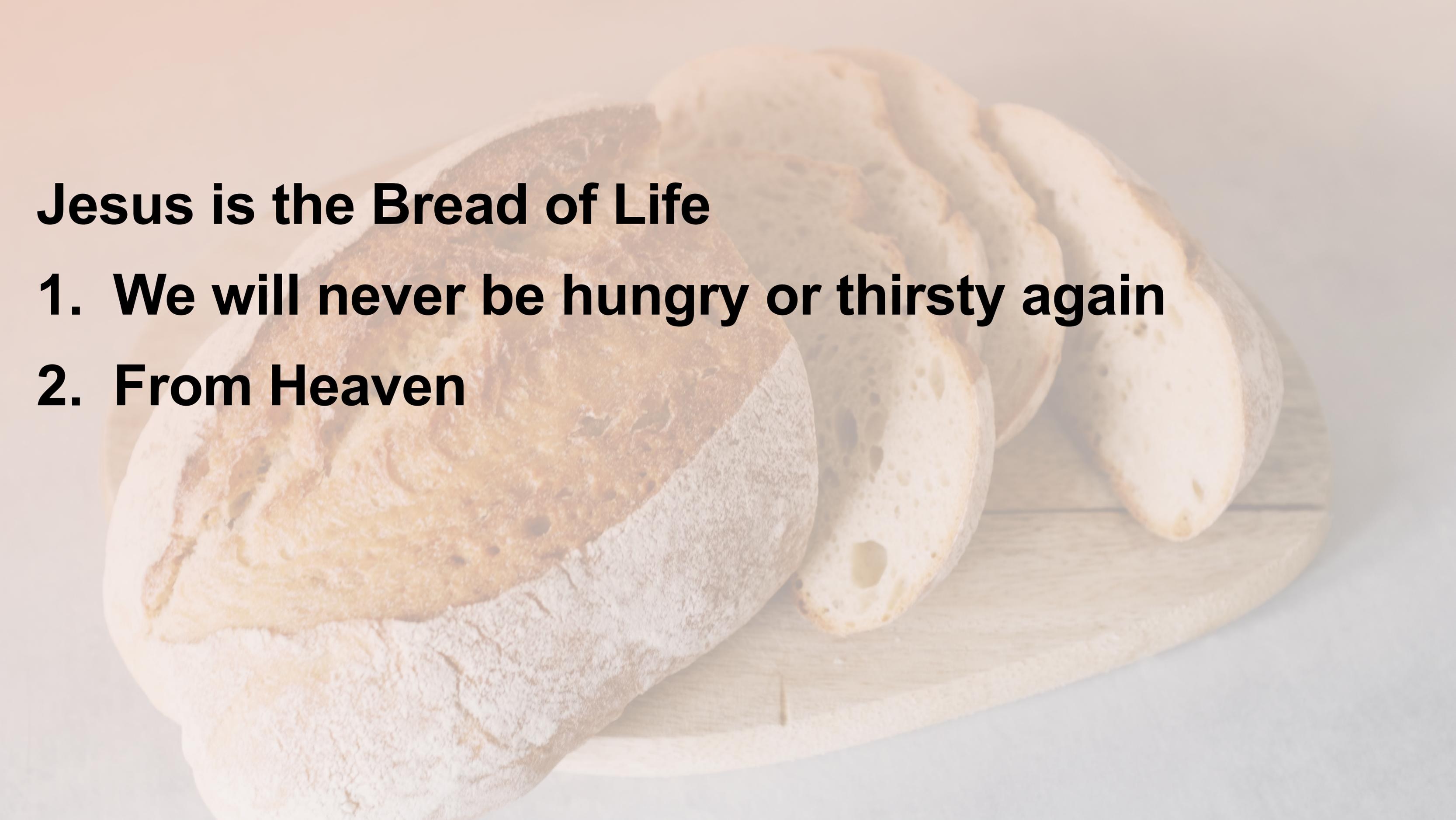
A loaf of rustic, golden-brown bread sits on a light-colored wooden cutting board. A single slice has been cut from the loaf, revealing a soft, porous interior. The background is a plain, light-colored surface.

35 Jesus said to them, “I am the bread of life.

Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

36 But I said to you that you have seen me and yet do not believe.

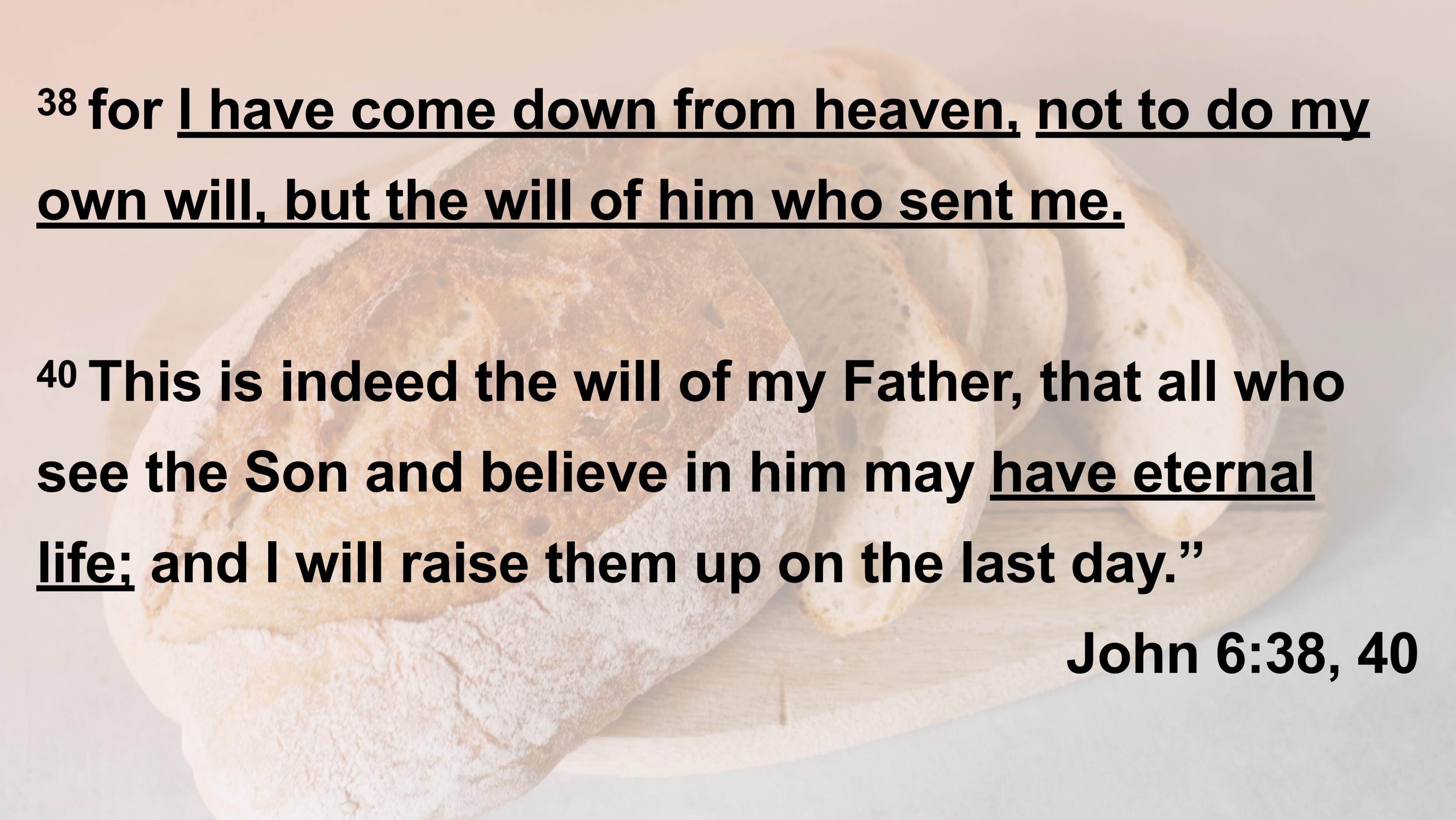
John 6:35-36

A photograph of a loaf of bread and several slices on a wooden cutting board. The bread is golden-brown on top and has a porous, airy texture. The slices are arranged in a row, showing the internal structure of the bread. The background is a plain, light-colored surface.

Jesus is the Bread of Life

1. We will never be hungry or thirsty again

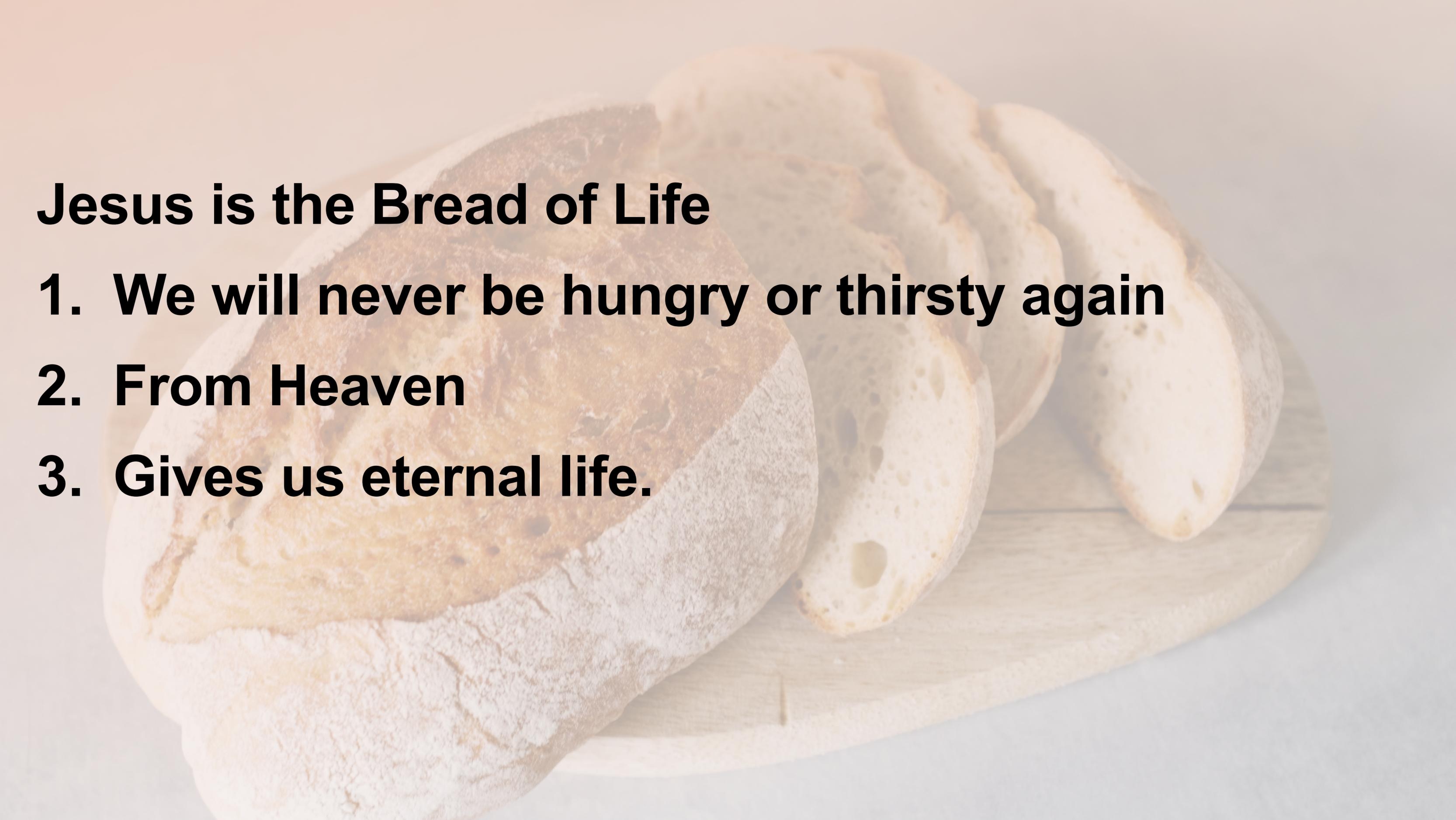
2. From Heaven



38 for I have come down from heaven, not to do my own will, but the will of him who sent me.

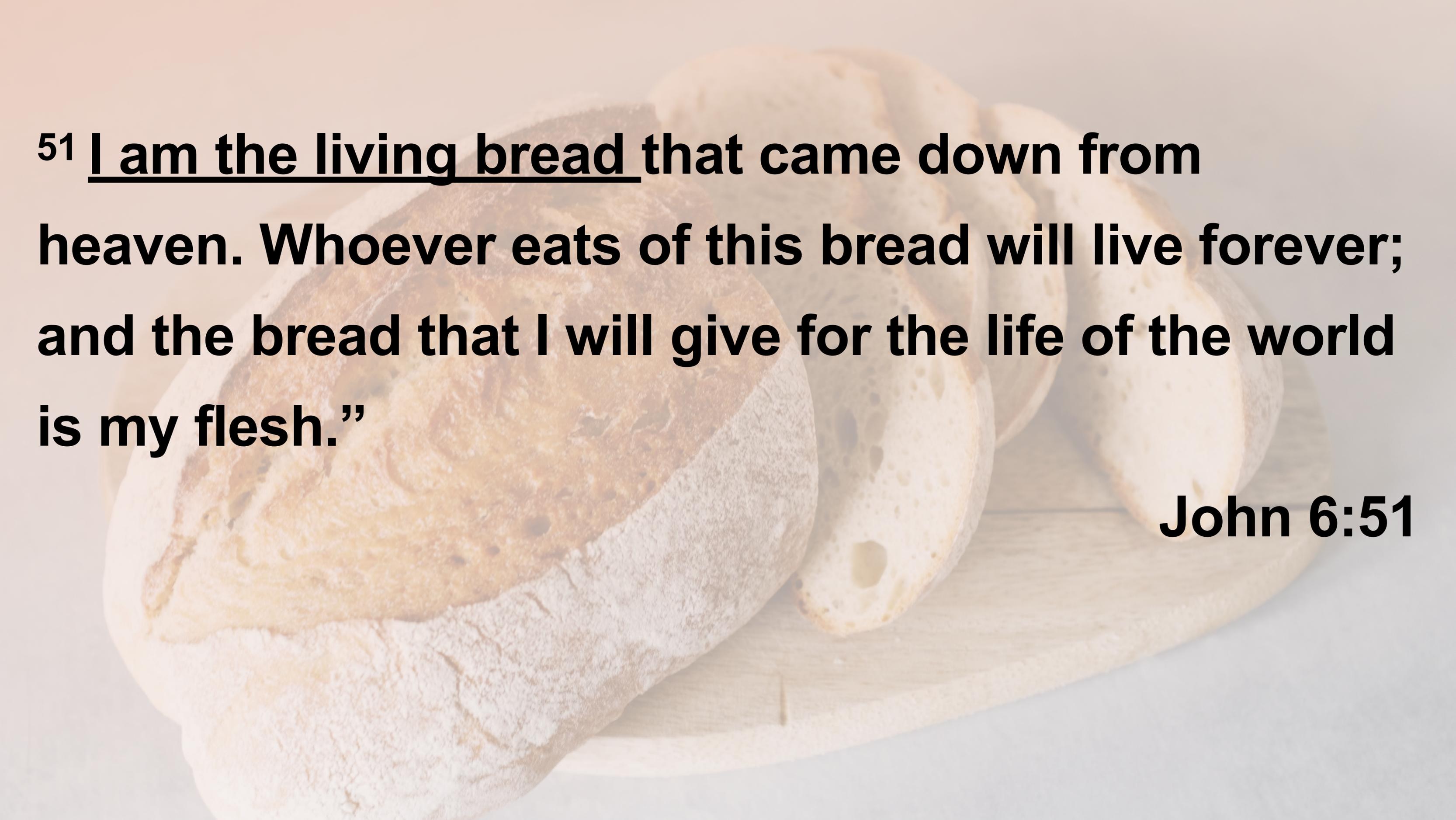
40 This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day.”

John 6:38, 40

A photograph of a loaf of bread and several slices on a wooden cutting board. The bread is golden-brown with a dusting of flour. The slices are arranged in a row, showing the porous interior. The background is a soft, light blue-grey gradient.

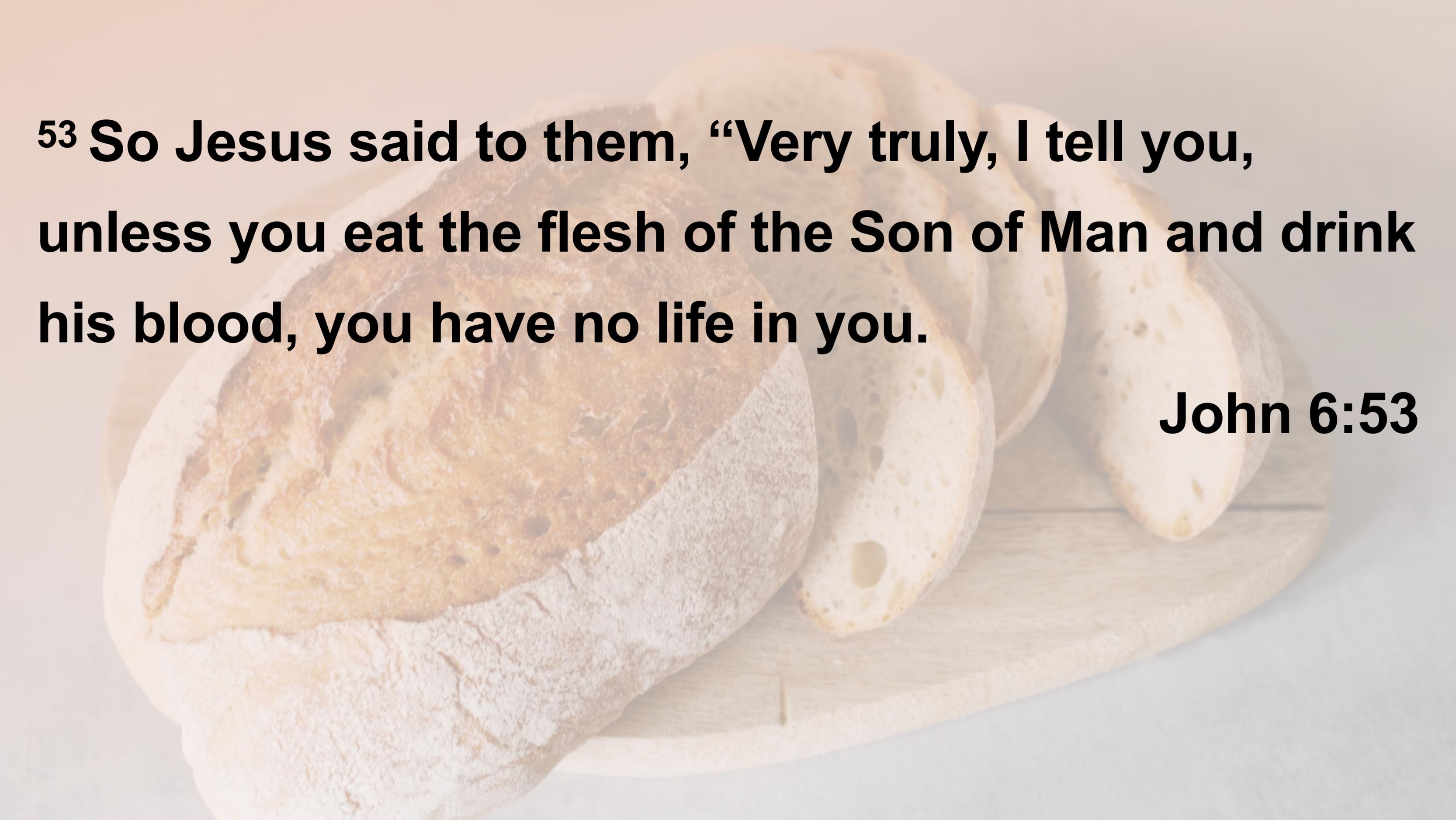
Jesus is the Bread of Life

- 1. We will never be hungry or thirsty again**
- 2. From Heaven**
- 3. Gives us eternal life.**

A photograph of a loaf of bread and several slices on a wooden cutting board. The bread is golden-brown with a soft, porous interior. The text is overlaid on the image in a bold, black font.

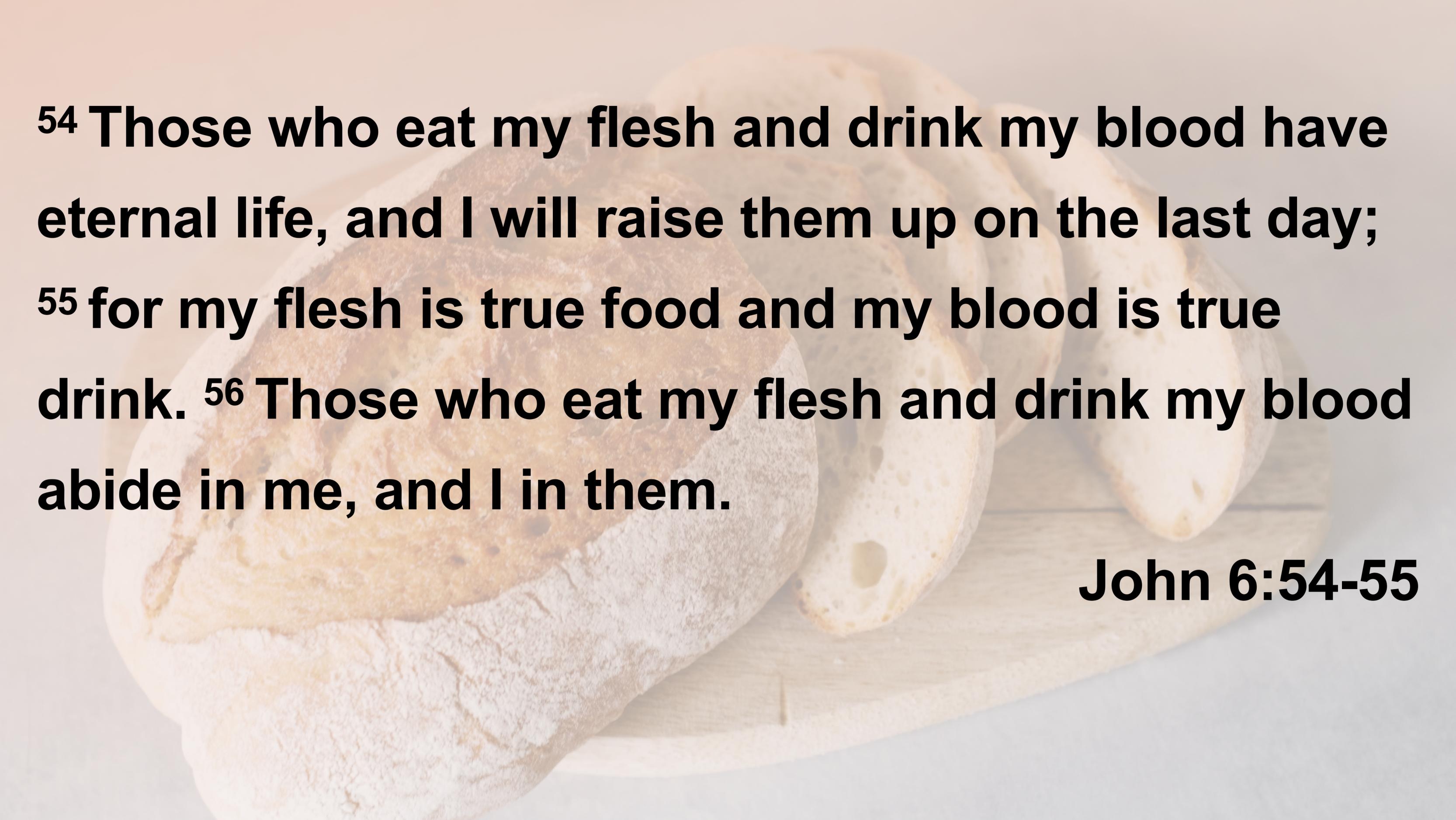
51 I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

John 6:51

A photograph of a loaf of bread and several slices on a wooden cutting board. The bread is golden-brown with a soft, porous interior. The slices are arranged in a row, showing the texture of the bread. The background is a light, neutral color.

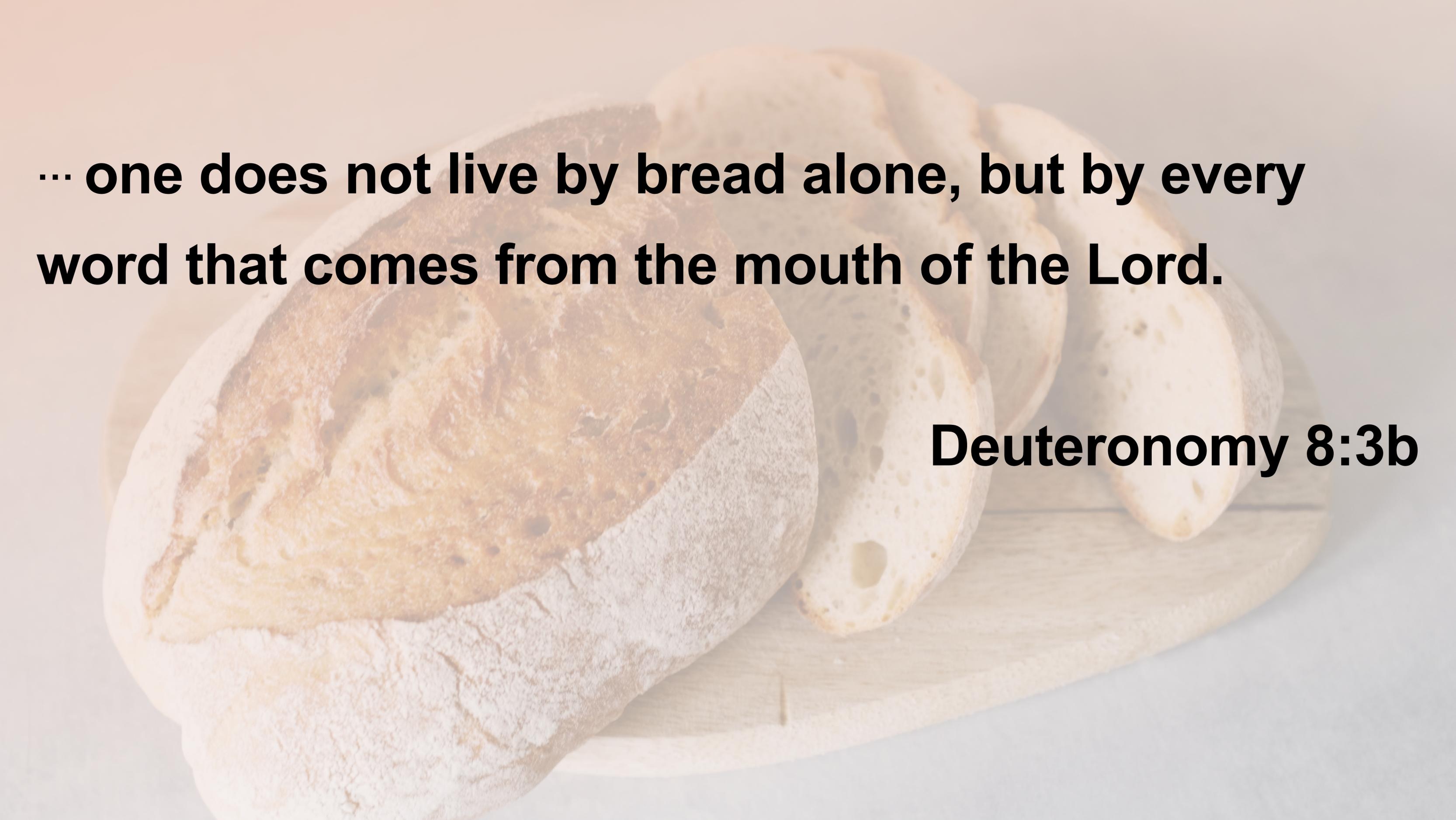
⁵³ So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

John 6:53

A photograph of a loaf of bread on a wooden cutting board. A slice has been cut out and is placed to the right of the loaf. The bread is golden brown on top and has a soft, porous interior. The background is a light, neutral color.

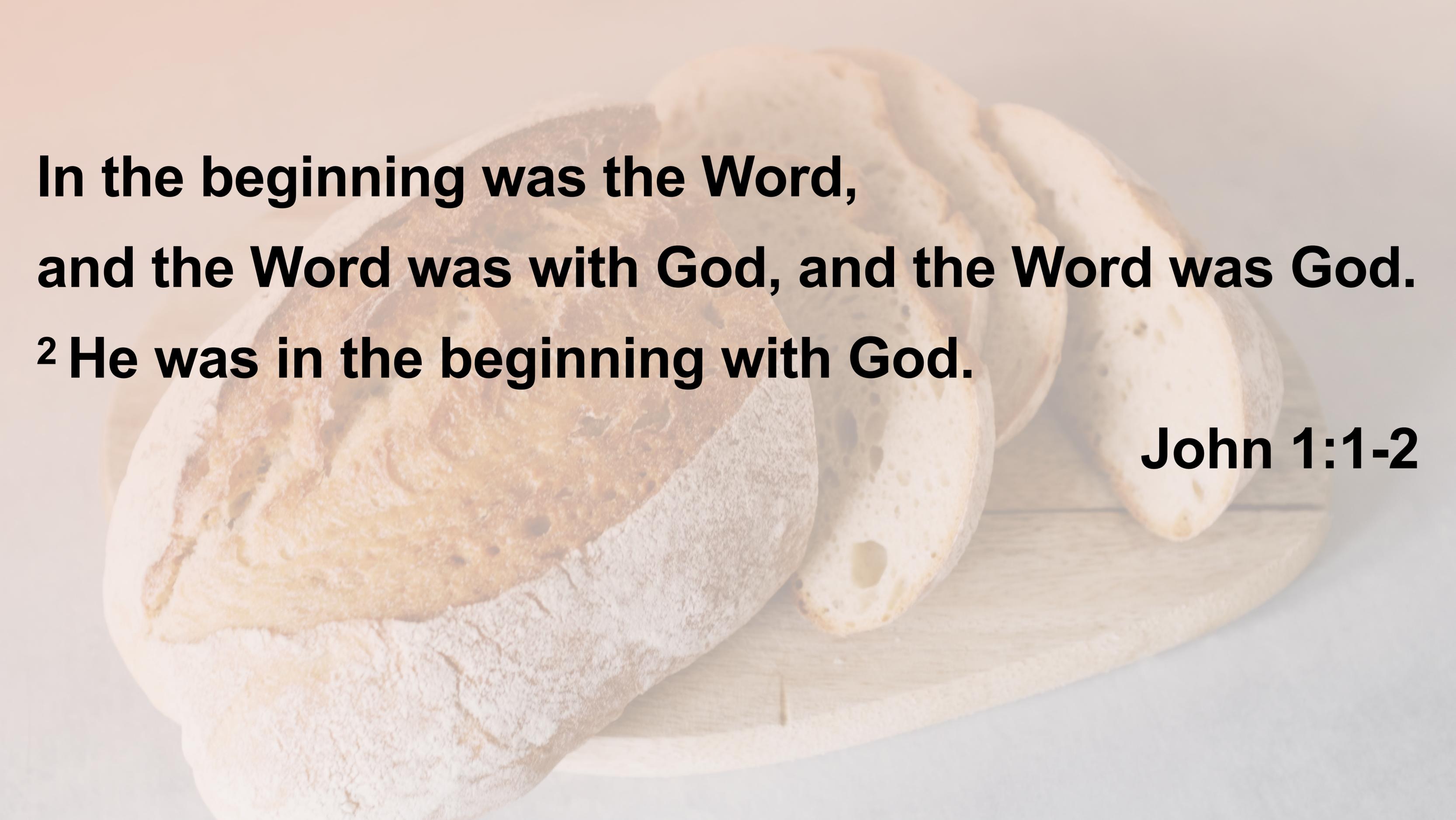
**⁵⁴ Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day;
⁵⁵ for my flesh is true food and my blood is true drink. ⁵⁶ Those who eat my flesh and drink my blood abide in me, and I in them.**

John 6:54-55

A photograph of a loaf of bread and several slices on a wooden cutting board. The bread is golden-brown with a slightly cracked crust. The slices are cut diagonally, showing a soft, porous interior. The background is a plain, light-colored surface.

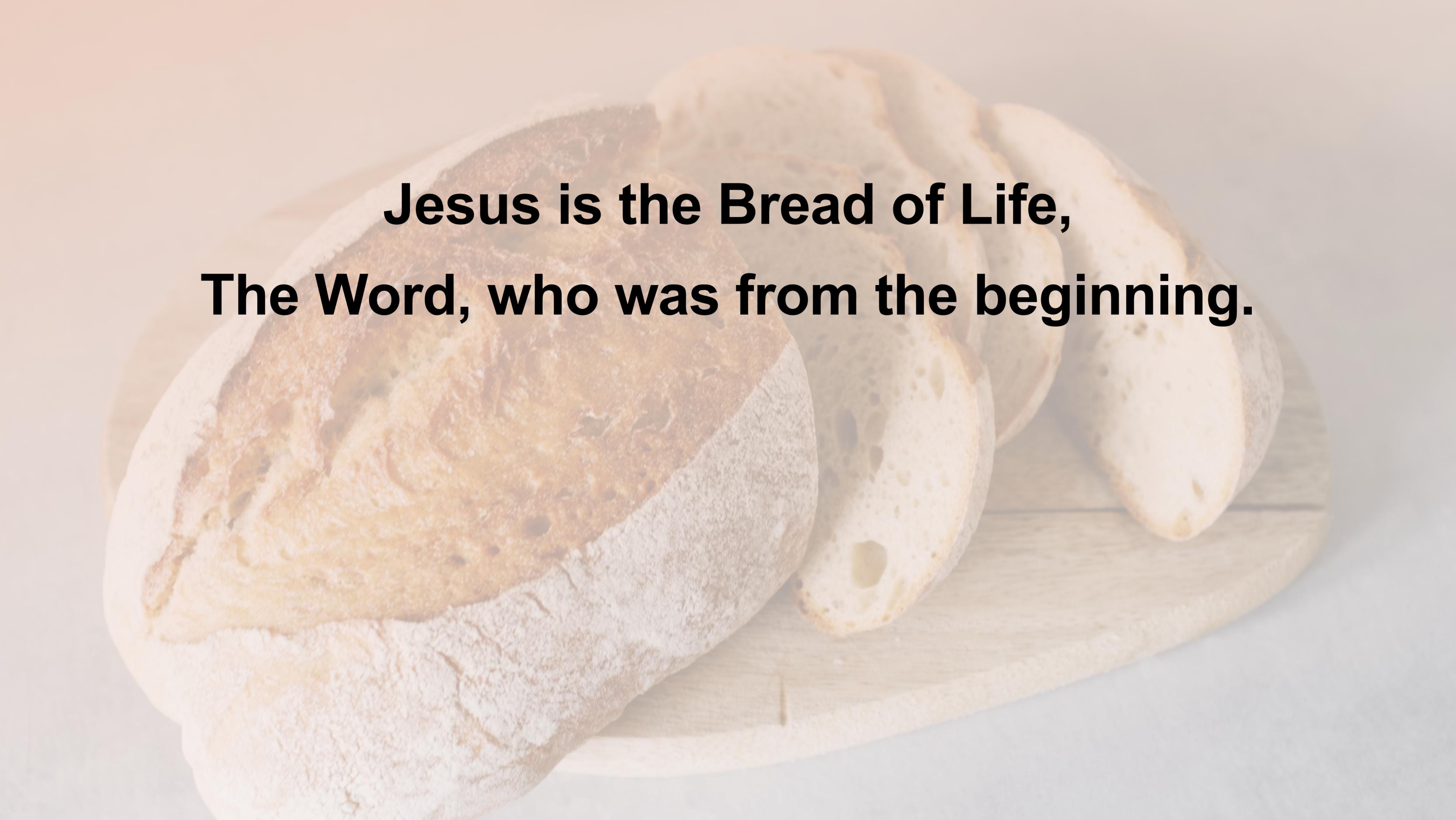
... one does not live by bread alone, but by every word that comes from the mouth of the Lord.

Deuteronomy 8:3b

A loaf of bread on a wooden cutting board with several slices cut out, arranged in a row. The bread is golden brown and has a soft, porous interior. The background is a light, neutral color.

**In the beginning was the Word,
and the Word was with God, and the Word was God.
² He was in the beginning with God.**

John 1:1-2

A photograph of a loaf of bread and several slices on a wooden cutting board. The bread is golden-brown with a dusting of flour. The slices are arranged in a row, showing the porous interior. The background is a soft, light blue-grey gradient.

**Jesus is the Bread of Life,
The Word, who was from the beginning.**



**I AM
THE BREAD OF LIFE**

RUMC Lent 40 Day Challenge

Week 2	Week 3	Week 5	Holy Week
2/23 - Pray	3/2 - Present	3/16 - Lost	3/30 - Passion
2/24 - Holy	3/3 - Sacrifice	3/17 - Found	3/31 - Way
2/25 - Spirit	3/4 - Repent	3/18 - Death	4/1 - Prepared
2/26 - Awake	3/5 - Living	3/19 - Resurrection	4/2 - Table
2/27 - True	3/6 - Planted	3/20 - Saved	4/3 - Cross
2/28 - Power	3/7 - Seeking	3/21 - Anointed	4/4 - Silent
			<p>During Lent, let us pause and reflect. Please share on Facebook/ Instagram your reflection on the word of the day. No explanation needed.</p> <p>You can share a photo, doodle art, music, a poem, or even a simple thought from your reflection.</p>
	Week 4	Week 6	
	3/9 - With	3/23 - Sent	
	3/10 - Share	3/24 - Offer	
	3/11 - Hope	3/25 - Love	
	3/12 - Filled	3/26 - Blessed	
	3/13 - Enough	3/27 - Water	
	3/14 - Compassion	3/28 - Peace	