



"Woman, here is your son."

"Here is your mother."

And from that hour, the disciple took her into his own home.

John 19:26-27



³¹ Then his mother and his brothers came; and standing outside, they sent to him and called him.

³² A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you."

Mark 3:31-32



33 And he replied, "Who are my mother and my brothers?"
34 And looking at those who sat around him, he said,
"Here are my mother and my brothers!
35 Whoever does the will of God is my brother and sister and mother."

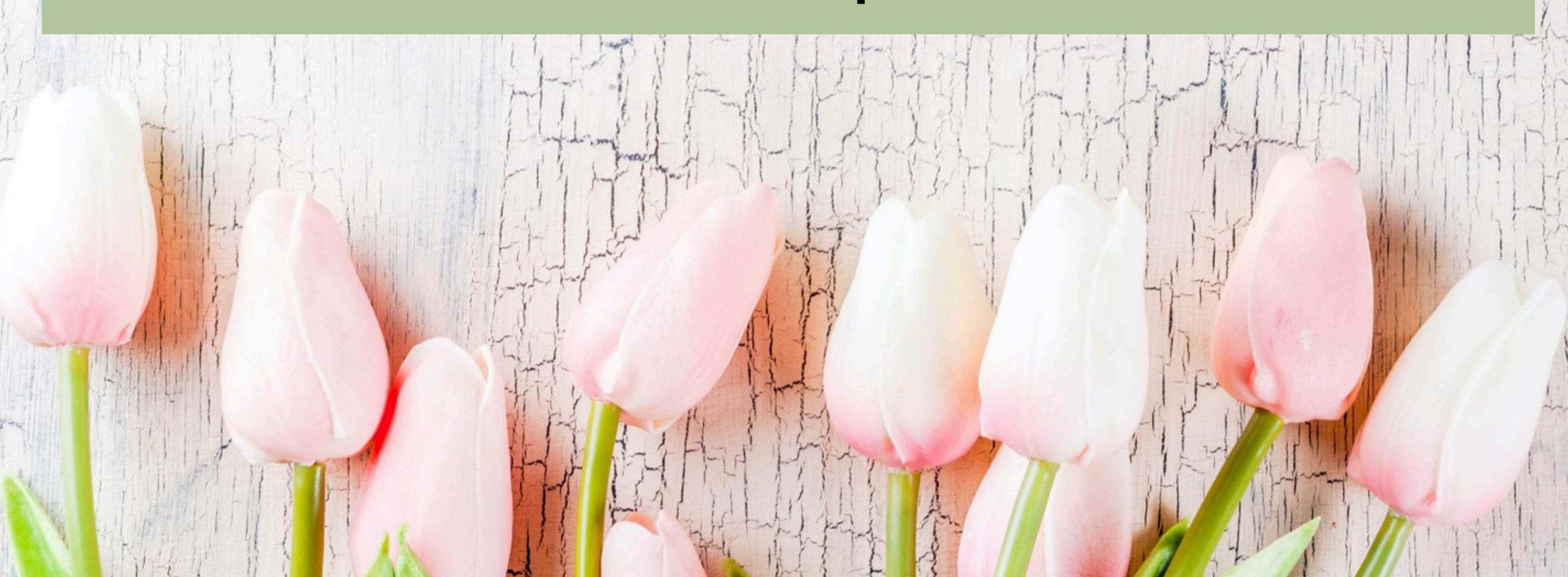
Mark 3:33-35



Loving Well...

1. Build healthy relationships

* I -lt vs. I-Thou relationship

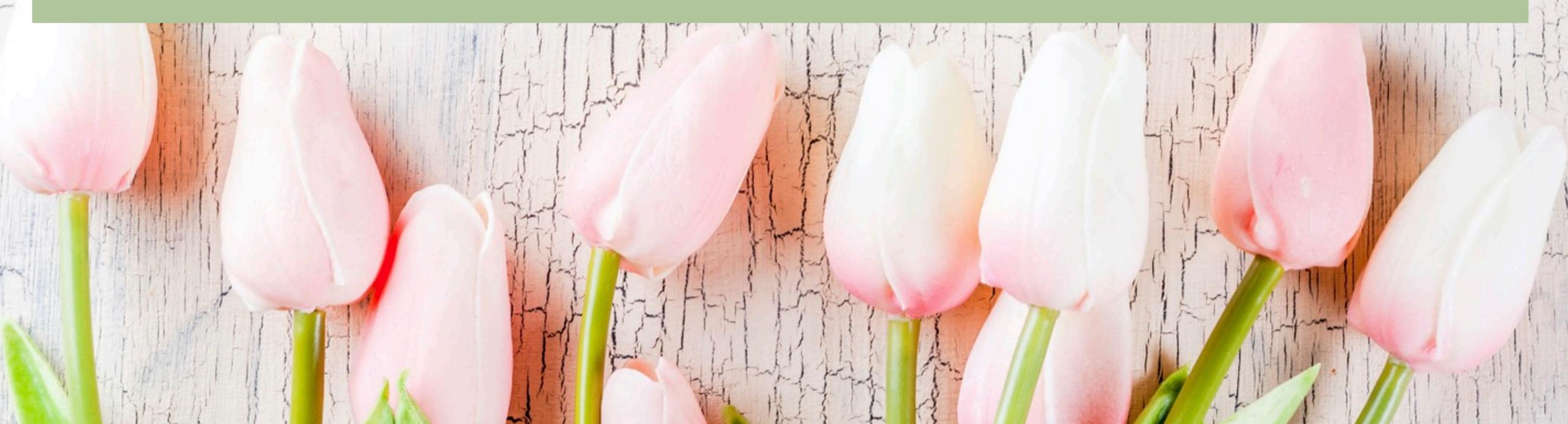


Loving Well...

1. Build healthy relationships

* I -It vs. I-Thou relationship

2. Set Healthy Boundaries ...



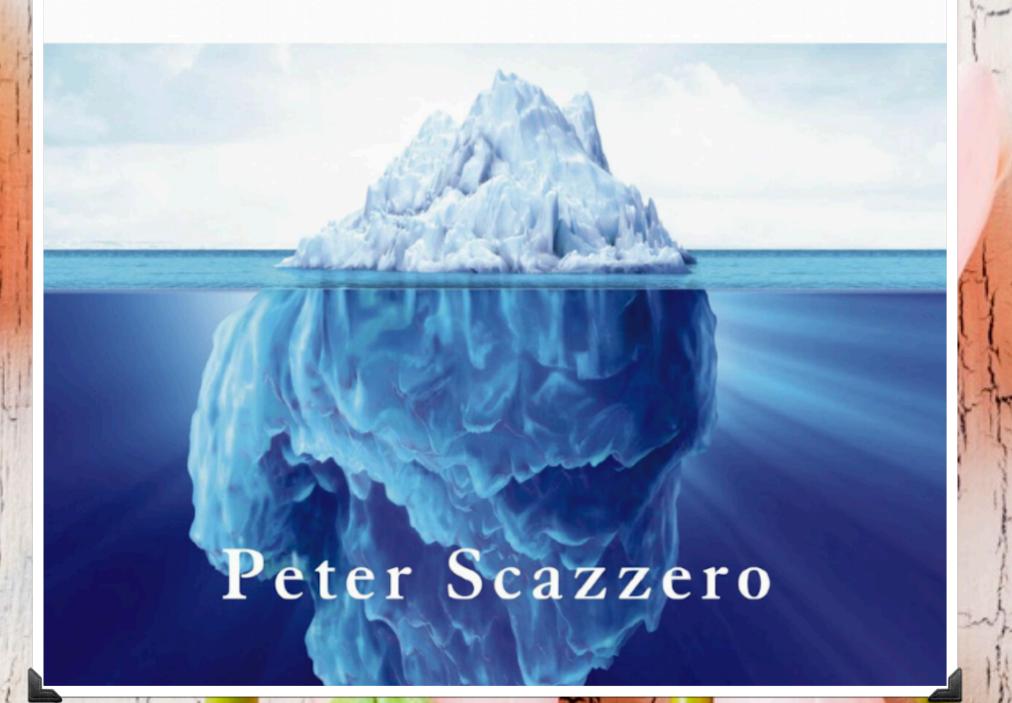




Emotionally Healthy Spirituality

UPDATED EDITION

IT'S IMPOSSIBLE to be SPIRITUALLY MATURE WHILE REMAINING EMOTIONALLY IMMATURE





WHEN TO SAY YES **HOW TO SAY NO**

TO TAKE CONTROL OF YOUR LIFE

BOUNDARIES

NEW YORK TIMES BESTSELLER



DR. HENRY CLOUD & DR. JOHN TOWNSEND

⁴ Love is patient; love is kind; love is not envious or boastful or arrogant ⁵ or rude. It does not insist on its own way; it is not irritable or

resentful;

1 Corinthians 13:4-5



⁶ it does not rejoice in wrongdoing, but rejoices in the truth. ⁷ It bears all things, believes all things, hopes all things, endures all things.

1 Corinthians 13:6-7



