

# Emotionally Healthy Spirituality



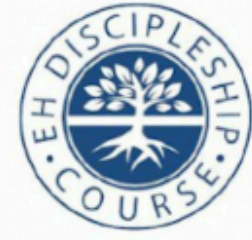


# 4. Journey Through the Wall





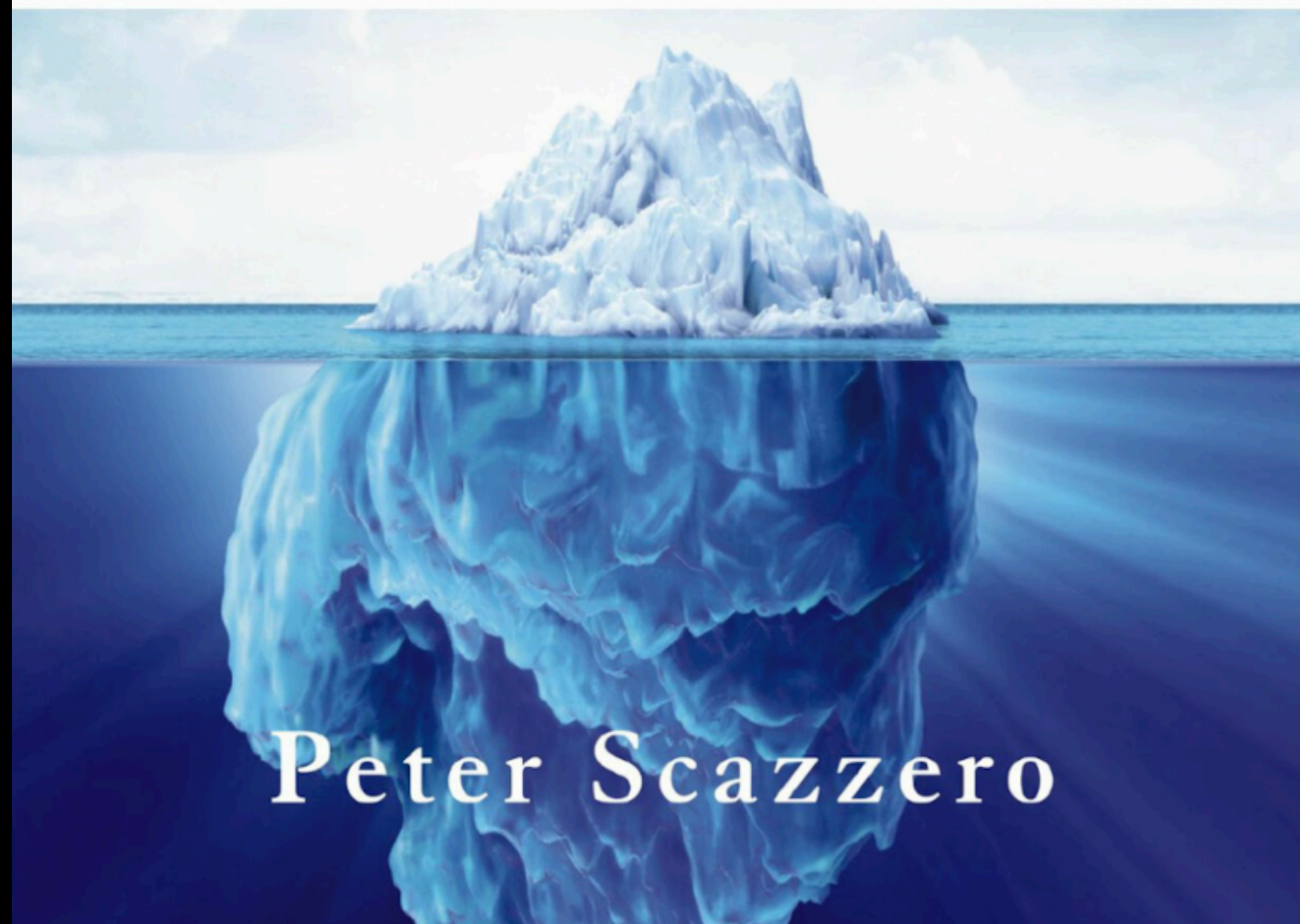
More Than 1 Million Sold



# Emotionally Healthy Spirituality

UPDATED EDITION

IT'S IMPOSSIBLE *to be* SPIRITUALLY MATURE  
WHILE REMAINING EMOTIONALLY IMMATURE



Peter Scazzero

# Emotionally Healthy Spirituality

By Peter Scazzero





# **Three promises of God to Abraham**

- 1. God is with him.**
- 2. Land**
- 3. Will make him into a great nation**

## Job 23:10

**If I go forward, he is not there; or backward, I cannot perceive him; <sup>9</sup> on the left he hides, and I cannot behold him; I turn to the right, but I cannot see him.**

**<sup>10</sup> But he knows the way that I take; when he has tested me, I shall come out like gold.**

## Genesis 22:1-2

After these things God tested Abraham. He said to him, “Abraham!” And he said, “Here I am.”<sup>2</sup> He said, “Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you.”

## Genesis 22:3

**<sup>3</sup> So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him.**



## **Genesis 22:4-5**

**4 On the third day Abraham looked up and saw the place far away.**

**5 Then Abraham said to his young men,  
“Stay here with the donkey;  
the boy and I will go over there; we will worship,  
and then we will come back to you.”**



## **Genesis 22:6**

**<sup>6</sup> Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together.**



## Genesis 22:7-8

**<sup>7</sup> Isaac said to his father Abraham, “Father!” And he said, “Here I am, my son.” He said, “The fire and the wood are here, but where is the lamb for a burnt offering?”**

**<sup>8</sup> Abraham said, “God himself will provide the lamb for a burnt offering, my son.” So the two of them walked on together.**



## **Genesis 22:9-10**

**<sup>9</sup> When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood.**

**<sup>10</sup> Then Abraham reached out his hand and took the knife to kill his son.**



## Genesis 22:11-12

**<sup>11</sup> But the angel of the Lord called to him from heaven, and said, “Abraham, Abraham!” And he said, “Here I am.” <sup>12</sup> He said, “Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.”**



## Genesis 22:13-14

**<sup>13</sup> And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son.**

**<sup>14</sup> So Abraham called that place “The Lord will provide”; as it is said to this day, “On the mount of the Lord it shall be provided.”**



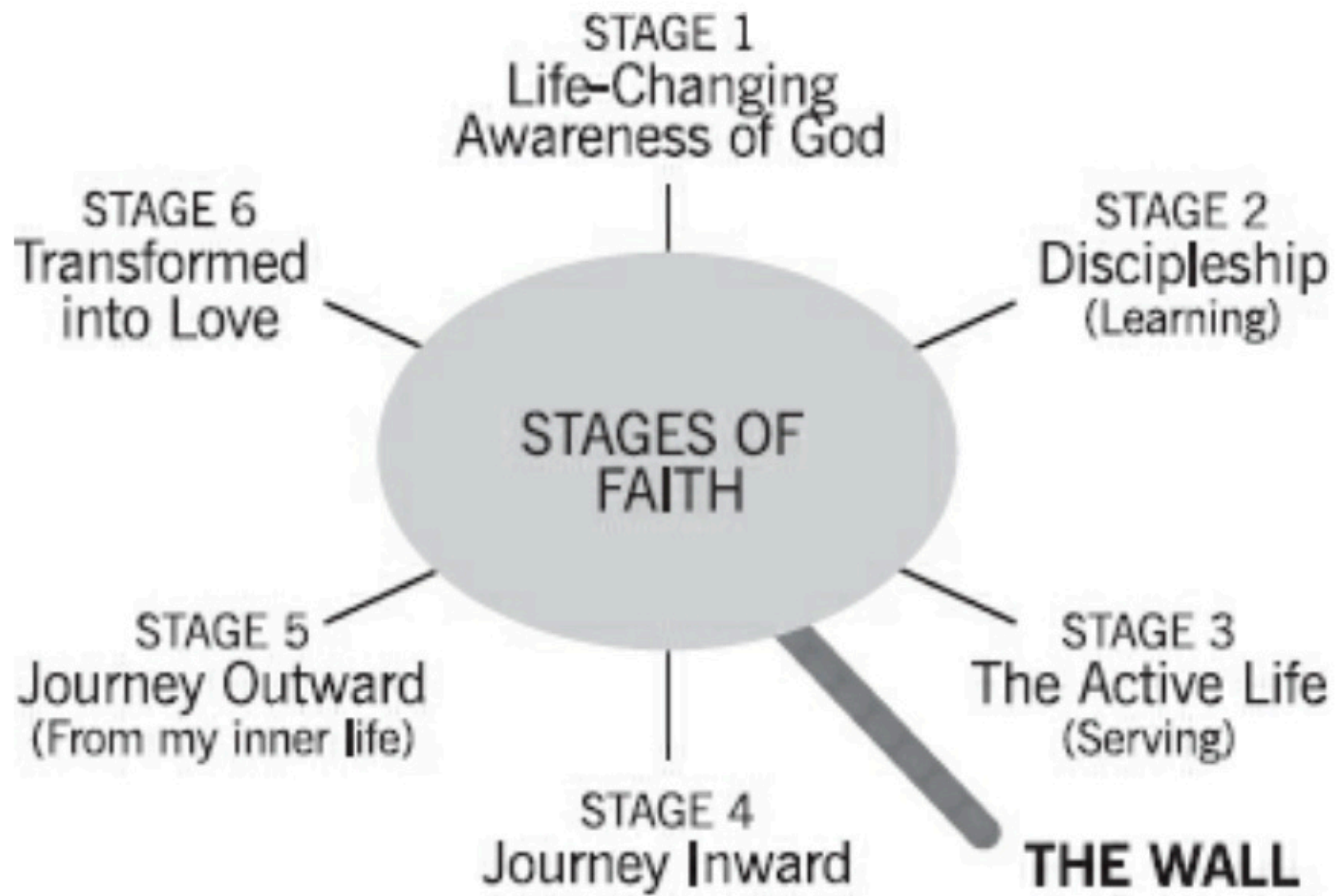
## Hebrews 11:17-19

**By faith Abraham, when put to the test, offered up Isaac. He who had received the promises was ready to offer up his only son,<sup>18</sup> of whom he had been told, “It is through Isaac that descendants shall be named for you.”**

## Hebrews 11:17-19

**<sup>19</sup> He considered the fact that God is able even to raise someone from the dead—and figuratively speaking, he did receive him back.**





# Characteristics of Life on the other side

1. A greater level of brokenness
2. A greater appreciation for Holy Unknowing  
(mystery)
3. A deeper ability to wait for God
4. A greater detachment



# 4. Journey Through the Wall





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