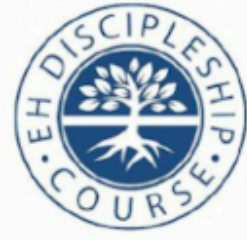


Emotionally Healthy Spirituality



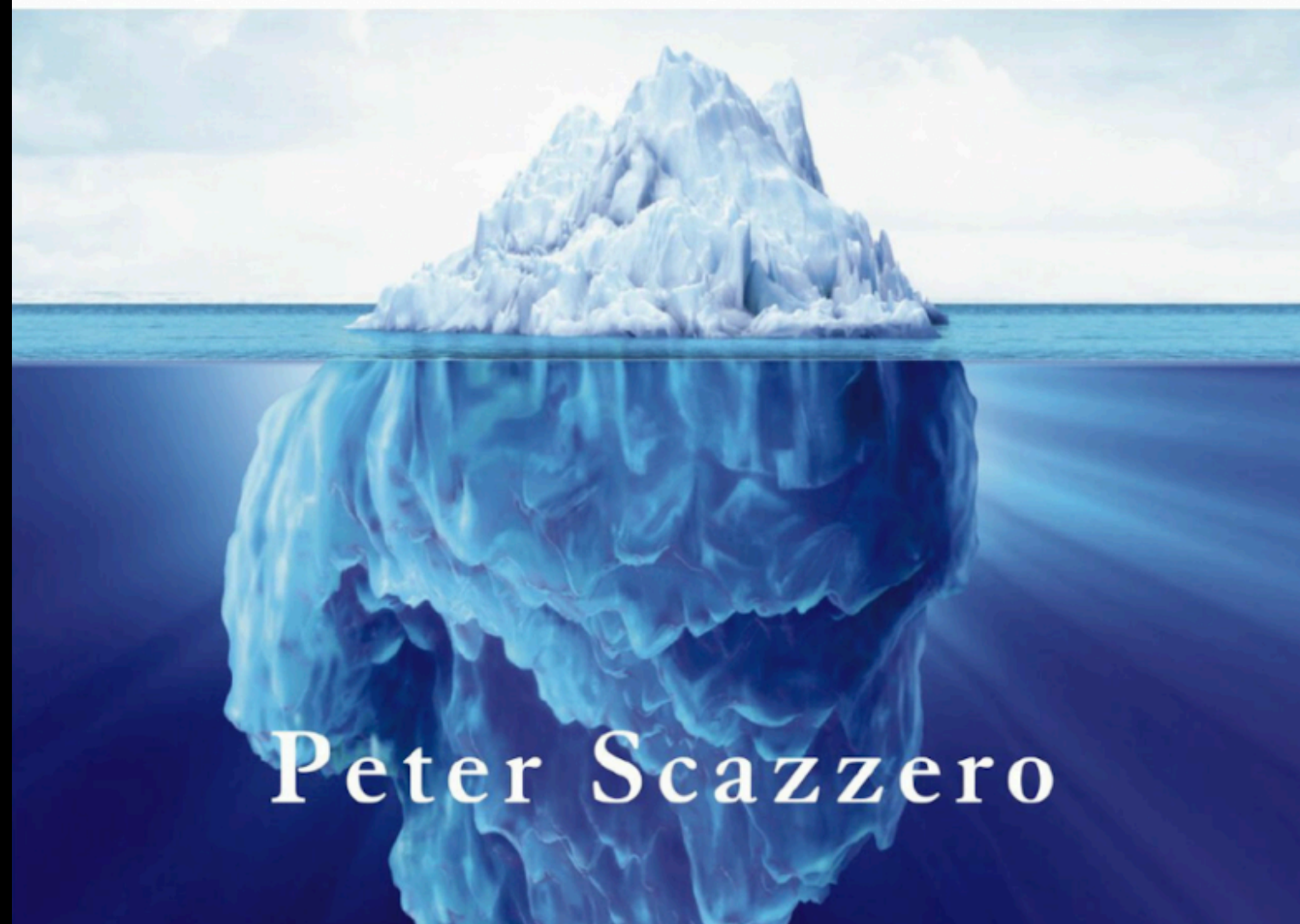
More Than 1 Million Sold



Emotionally Healthy Spirituality

UPDATED EDITION

IT'S IMPOSSIBLE *to be* SPIRITUALLY MATURE
WHILE REMAINING EMOTIONALLY IMMATURE



Peter Scazzero

Emotionally Healthy Spirituality

By Peter Scazzero



1. Emotionally Unhealthy Spirituality



1 Samuel 15:11

**11 “I regret that I made Saul king,
for he has turned back from following me,
and has not carried out my commands.”**

**Samuel was angry; and he cried out to the Lord all
night.**

1 Samuel 15:15

¹⁵ Saul said, “They have brought them from the Amalekites; for **the people spared the best of the sheep and the cattle, to sacrifice to the Lord **your** God; but the rest **we** have utterly destroyed.”**

1 Samuel 15:19a, 20, 22

19a Why then did you not obey the voice of the Lord?

20 Saul said to Samuel, “I have obeyed the voice of the Lord, I have gone on the mission on which the Lord sent me, ... I have utterly destroyed..

22 But .. the people..

1 Samuel 15:21-22

²² And Samuel said, “Has the Lord as great delight in burnt offerings and sacrifices, as in obedience to the voice of the Lord? Surely, to obey is better than sacrifice, and to heed than the fat of rams.

1 Samuel 15:23

²³For rebellion is no less a sin than divination, and stubbornness is like iniquity and idolatry. Because you have rejected the word of the Lord, he has also rejected you from being king.”

1 Samuel 15:24

**24 Saul said to Samuel, “I have sinned;
for I have transgressed the commandment
of the Lord and your words,
because I feared the people and obeyed their
voice.**

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compartments**

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7. Spiritualizing away conflict

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