## January 19, 2025 "Emotionally Healthy Spirituality" Series

**Welcome to our worship service!** Please silence your cell phone; covered beverages are allowed in the Sanctuary. Congregational responses on the screen are in bold print. \*Please stand if you are able.

#### 8:45 Service

GREETING / ANNOUNCEMENTS / PRAYER

PRELUDE O God, Our Help in Ages Past Clay Christiansen

\*OPENING HYMN Praise to the Lord, the Almighty (139 v. 1,3,4,5)

PRAYER Morning / Silent / Lord's Prayer

Judy Mayhak

\*GLORY TO THE FATHER (70)

OFFERING / BREAD PAN: Human Relations Day

MUSIC: My Lips Shall Praise You Choir, acc. by John Dibble

\*DOXOLOGY (95)

\*HYMN O God, Our Help in Ages Past (117 v. 1,2,4,6)

SCRIPTURE 1 Samuel 17:38-40 (pg 256)

Judy Mayhak

MESSAGE "EHS 2 - Take Off and Put On"

Pastor Anna Moon

\*CLOSING HYMN Where He Leads Me (338)

\*SENDING RESPONSE

Blest Be the Tie that Binds (557, vs. 1) followed by "Send Us" \*CONGREGATIONAL AMEN (898)

\*BENEDICTION

POSTLUDE Trumpet Tune in C

Michael McCabe

#### 11:00 Service

GREETING / ANNOUNCEMENTS / PRAYER

\*OPENING SONGS

PRAYER Morning / Silent / Lord's Prayer

CHILDREN'S MOMENT

Pastor Anna

Children ages 4 yrs to  $5^{th}$  grade leave for JAMS (Jesus and Me Sunday)†

OFFERING / BREAD PAN: Human Relations Day

SCRIPTURE 1 Samuel 17:38-40 (pg 256) Lorraine deBaptiste

MESSAGE "EHS 2 - Take Off and Put On" Pastor Anna Moon

CLOSING SONG / SENDING RESPONSE

\*BENEDICTION

**†JAMS** geared toward children 4 yrs to 5th grade and is a time for them to learn about Jesus through activities, games, and crafts.

A Nursery for those birth - 3 years old, is staffed with trained volunteers during our 11 am service. It is not staffed at the 8:45 service but feel free to use the space and the TV to watch the service with your child(ren).

#### THIS WEEK AT RUMC

#### **TODAY**

8:45 am Traditional worship service

10 am Stained Glass Group, back half of Fellowship Hall

11 am Contemporary worship service

#### **TUESDAY**

10 am & 6:30 pm Tai Chi, TWC

6 pm DAR Meeting, Fellowship Hall

#### **WEDNESDAY**

5:30 pm Wednesday Night Dinner, Fellowship Hall

6:30 pm Hand Bell Choir rehearsal

7:30 pm Choir Rehearsal

#### **THURSDAY**

6:30 pm Tai Chi, TWC

7 pm AA Meeting, Wesley Room

#### **FRIDAY**

10 am One Day Niche, Room 200

#### **NEXT SUNDAY**

8:45 am Traditional worship service

10 am Stained Glass Group, back half of Fellowship Hall

11 am Contemporary worship service

**Blessed Be the Tie That Binds** Starting this Sunday, and until further notice, we will be lifting our hands up as we sing "Blessed Be the Tie That Binds" and "Send Us Into the World." Let's share God's love and not germs!

**Pastor Anna will be on Vacation** from Jan 20—Feb 2. Please contact the church office for any pastoral support.

## **New Bible Studies to Begin**

- The Stained Glass Group will start an 8 week study today on Colossians and Philemon at 10 am in the back half of the Fellowship Hall. We have a few extra books available if you would like to join the group.
- The Women's Bible Study will begin a 4 week study on the book, "Grateful-Giving thanks to God in all things" by Lifeway Women. Starting Wednesday, February 12-March 12 (we will not meet Ash Wednesday, March 5) 6:30-7:30/7:45pm. You can purchase your books online. Please come prepared to discuss chapter one on February 12. Questions and RSVP to Teri Sweeney or Carol Murphy.

**Today's Bread Pan: Human Relations Day -** We share this offering in mid-January because this marks the birthday of The Rev. Martin Luther King, Jr. The offering supports community development programs to improve living conditions, build relationships, and testify to the love of God through the ministry of presence.

# **Sermon Notes**

## Where to find

Church Information rockfordumc.org
Get church news, service times, fellowship, missions and more

Monthly Schedule rockfordumc.org/calendar See what's going on at RUMC this month

Live Worship/Virtual Bulletin/Attendance rockfordumc.org/live View live worship; download the bulletin to your mobile device or home computer; or register your in-person or virtual attendance

Ministries for You rockfordumc.org/christian-education Find a ministry right for you and your family

Newsletter rockfordumc.org/newsletter
Sign up for prayer requests, weekly updates or the monthly newsletter

## **Announcements & Upcoming Events**

California Fires (UMCOR U.S. Disaster Relief) The Missions Team has designated the March 23 Bread Pan Offering for UMCOR U.S. Disaster Relief, where 100% of UMCOR donations go directly to the fund. If you want to donate now, go to <a href="https://advance.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx">https://advance.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx</a> where in the first box you can click the arrow to bring up the California Fires. <a href="https://umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx">umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx</a> where in the first box you can click the arrow to bring up the California Fires. <a href="https://umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx">umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx</a> where in the first box you can click the arrow to bring up the California Fires. <a href="https://umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx">umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx</a> where in the first box you can click the arrow to bring up the California Fires. <a href="https://umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx">umcor.umcmission.org/p-620-umcor-us-disaster-response-and-recovery.aspx</a> where in the first box you can click the arrow to bring up the California Fires. <a href="https://umcor.umcor

UMCOR continues to pray for the people and communities affected by the wildfires in Los Angeles. UMCOR has awarded two solidarity grants so far to the Cal-Pac Conference to undergrid their immediate relief efforts. This includes evacuee support like food and essential supplies as well as support for volunteer efforts and other relief activities. Thank you!

**Wednesday Night Dinner** this month will be served by members of the choir and hand bell choir on January 22 in the Fellowship Hall at 5:30 pm. The menu will include pizza, salad, and desserts. A free will offering will be taken to offset food costs.

**Rockford UMC Cookbook** We are putting together a church cookbook. We are asking for your favorite recipes to be submitted. You can fill out the recipe form (found in the worship entrance) or submit to rockfordumcrecipes@gmail.com.

**Parking Reminder** We are asking for able-bodied folks to please save parking spaces close to the worship entrance for those who need to park closer and have trouble walking. Parking is available on the street, in front of City Hall, and by the Library. Thank you.

## Finance Update through January 12, 2025

You are encouraged to give either through US mail or via the website rockfordumc.org/online-giving. Thank you for your continued support!

Gifts & Offerings	Operating Fund	<b>Building Needs</b>
Year to Date Needed:	\$17,792.00	
Year to Date Received:	\$18,564.00	\$3,221.82

1/12/25 Bread Pan: Habitat for Humanity: \$395.80

Weekly Attendance	8:45 am/online	11 am/online
January 5, 2025	99/27	49/4
January 12, 2025	91/10	62/2

## PRAYER CONCERNS - January 19, 2025

At RUMC, we know prayer works. Please contact the church office with prayer concerns. Thank you for your commitment to prayer.

## **New Prayer Concerns**

**Larry and Pam Lindemer & family,** Larry's father, Larry Lindemer, Jr. passed away this week. Funeral arrangements are pending.

Cindy Caywood and family, had a nephew killed in a car accident and a friend killed in a hunting accident over the holidays (both in mid-30's). Prayers of healing for the families and friends of those who died.

**Deb Rinehart** will undergo surgery on her left eye to repair muscle damage on Monday, Jan 20.

## **Prayer Updates**

**Bonnie Velazquez** is recovering at her brother's home.

Ruth Brod is recovering from carpel tunnel surgery.

**Anonymous** is home now and doing well.

## **Continuing Prayer Concerns**

Please keep the following people in your prayers: Cindy Petersen, Robin Ellison, Phyllis Muston, Rob Schaap, and Nancy Jensen.

## Serving Next Week, January 26

Prayer /Scripture:

8:45: Barb Crowder- Prayer/Scripture

11:00: Jim Larson - Scripture

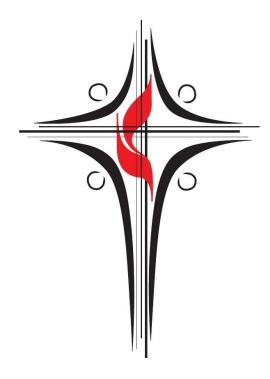
Greeters:

8:45: Nancy Grossman 11:00: Julie Roach

Ushers:

8:45: Steve & Jeanine Holen 11:00: Scott & Carol Murphy

Winter Weather Policy and Closings When Rockford Public Schools close for a snow day, then all activities / meetings are canceled for the day and evening. On other days, cancelation of activities is based on the weather conditions and how they progress. Notification of closings and cancelations will be announced on WZZM and WOOD, the Family Facebook page and possibly emails and/or texts. On snow days, the church staff will have a 2 hour delay in arriving to the church for safety.



# Rockford

# **United Methodist Church**

A welcoming family of worship growing in our faith, reaching out to serve others and spreading the good news of Jesus Christ

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Wi-Fi password welcomefriends





